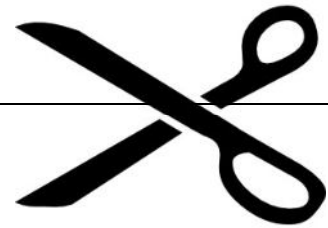


DRESS MAKING COURSE 2012

Sewing Machine and Over Locker provided for you!
Opportunity to purchase **discounted** BERNINA **sewing** machine **at** end of course!

COURSE DETAILS:



10 WEEK PART TIME EVENING COURSE

| | |
|----------------------------|-----------------------------------------------------------------------------------------------------------------------|
| Duration of course: | 10 weeks |
| Class Time: | 18:00pm - 21:00pm (3hrs) |
| Classes: | Classes take place once a week (Wed in JHB & Thu PTA) |
| 2012 dates: | Free lecture on Wed 22 Feb in JHB and Thu 23 Feb in PTA Actual Classes start Wed 29 Feb in JHB & Thu 1 Mar in PTA) |

| | JHB | PTA |
|---------------------------------------|---------------|---------------|
| | Wednesday | Thursday |
| | 18:00 - 21:00 | 18:00 - 21:00 |
| FREE LECTURE | 22-Feb | 23-Feb |
| normal classes | JHB | PTA |
| | Wednesday | Thursday |
| | 18:00 - 21:00 | 18:00 - 21:00 |
| week 1 | 29-Feb | 01-Mar |
| week 2 | 07-Mar | 08-Mar |
| week 3 | 14-Mar | 15-Mar |
| week 4 | 21-Mar | 22-Mar |
| week 5 | 28-Mar | 29-Mar |
| Break this week due to public holiday | | |
| week 6 | 11-Apr | 12-Apr |
| week 7 | 18-Apr | 19-Apr |
| week 8 | 25-Apr | 26-Apr |
| Break this week due to public holiday | | |
| week 9 | 09-May | 10-May |
| week 10 | 16-May | 17-May |

COURSE OUTLINE:

Learn to sew a LADIES or MENS OUTFIT... Shirt and Skirt or Shirt and Pants!

The first six classes will consist of learning to make samples in calico in preparation for making garments in the last four classes.

Students will have the opportunity to select their own fabrics and various accessories before the sixth week.

Please note that the pattern will be supplied by DSSA.

Weekly Breakdown:

| | |
|----------|------------------------------------------|
| Week 1: | Intro on machines and cutting samples |
| Week 2: | Sewing samples |
| Week 3: | Sewing samples |
| Week 4: | Sewing samples |
| Week 5: | Sewing samples |
| Week 6: | Cutting shirt and skirt, start sewing |
| Week 7: | Sewing shirt |
| Week 8: | Finishing shirt |
| Week 9: | Sewing skirt |
| Week 10: | Finishing skirt |
| | Pictures and handing out of certificates |

The sample file will contain the following:

- Straight sewing sample
- Zig zag sample
- Seams: 1) Flat seam 2) Open seam 3) French seam 4) Closed Seam
- Gathering sample
- Collars: 1) Shirt collar 2) Peter Pan Collar 3) Chinese Collar
- Facings: 1) All in one facing 2) Neck and arm hole facing
- Darts x 3
- Zips x 2
- Sleeves

In depth course outline:

Throughout the dress making course learners are introduced to the basic skills of sewing. Each learner needs to complete a sample file successfully. After completing the sample file learners are required to construct a skirt and shirt.

Week 1:

This introductory lesson will cover an introduction to the sewing machine and how it operates as well as an explanation on how fabric should be cut and the reasons for cutting fabric in a certain way. This includes:

- Cutting and sewing samples: straight sewing / Zig-zag
- Seams samples: Open seam / Closed seam / French seam
- Hemming: an explanation of the different kinds of hems that one gets

Week 2:

Revision on the previous week's work completed.

Students will then continue with the sample file that they started working on the previous week.

This second lesson will cover a more in-depth introduction to samples. Students will also be taught about the different kinds of darts and what they are used for.

Other aspect covered in this lesson:

- Cutting and sewing dart samples
- Discussing and explaining sleeves (students will look at different sleeves and how to construct them)
- Cutting and sewing a basic bodice and adding a sleeve to the sample
- Explaining the steps of where to start sewing a bodice
- Introducing students to the over locker and its various functions
- Introducing the zip and explaining the different kinds of zips
- Constructing a zip sample

Week 3:

Revision on the previous week's work completed.

Students will then continue with the sample file that they have been working on. They will then cover:

- Constructing a shirt collar (with a detailed explanation of all the steps) followed by
- Cutting and sewing the collar sample

At the end of the lesson, learners will be given a shopping list of what to purchase for week 6, when sewing the garments. This will include most items outlined on the requirements list on the next page). This gives students at least 2-3 weeks in which to purchase these items.

Week 4:

Revision on the previous week's work completed.

Students will continue with the sample file they have been working on followed by a discussion and explanation of what a facing is and the function of a facing.

Students will also cover the cutting and sewing of facing samples:

- Combined facing
- Neck facing
- Arm hole facing

Week 5:

Basic samples are completed by this stage. Each student then receives a shirt pattern and a skirt pattern.

Students will now be introduced to an in-depth explanation on patterns. This will cover

- An explanation on how a pattern works
- How to follow the instructions
- How to pin patterns to fabrics in the correct way
- Cutting out of patterns
- Pinning patterns to fabric, and
- Finally the cutting of fabric

Week 6:

Students will start by continuing with the previous weeks cutting. They will then be required to construct the shirt with the knowledge gained throughout the previous 5 weeks. All the above samples are now combined into one garment.

Students will end off this class with a step by step constructing of shirt.

Week 7:

Continuation of the previous week's class.

Week 8:

This class will cover and introducing to the skirt pattern. It will also cover:

- Cutting out of shirt patterns, and pinning to fabric
- Cutting of fabric
- Sewing shirt with the knowledge gained throughout the course.

Week 9:

Constructing of skirt.

Week 10:

Finishing of garments, and closing of course.

Photos of each learner will be taken with the garment constructed.

Each learner will be assessed according to attendance, performance, neatness and execution of garment.

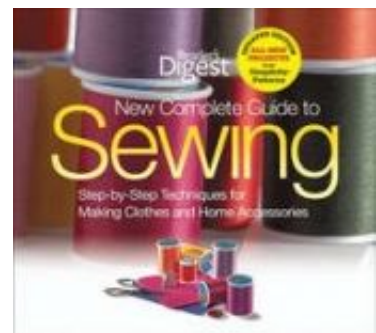
LIST OF REQUIREMENTS:

| | |
|--------------------------------------------|---------------------|
| Sewing Needles | Fabric for projects |
| Measuring Tape | Fabric Scissors |
| Paper Scissors | Fabric Pens |
| Chalk | Fabric Pins |
| Cotton for sewing (industrial and hand) | Zips |
| Hook's and eye's, poppers (for fastenings) | Buttons |
| Ruler | Tracing wheel |
| Bobbins | Unpicker |
| Pens/Pencils | Note pad |
| Files | Plastic sleeves |
| 3 m Calico for making samples | Iron |

Tool box (to put everything in!)... this can be anything you choose!

COST:

| | |
|-----------------------------|-----------------|
| Registration | R 300.00 |
| Full payment upfront | |
| Before 24 February 2012 | R 3500.00 |
| Split payment option | |
| Before 24 February 2012 | R 1 900.00 |
| Before 30 March 2012 | R 1 900.00 |



Cost includes Readers Digest sewing book "New Complete Guide to Sewing" which retails in exclusive Books for around R500. Cost also includes use of sewing machine and over locker.



REGISTRATIONS CLOSE ON FRIDAY 24 FEBRUARY 2012!



**CLASS SPACE IS LIMITED SO REGISTER
EARLY TO AVOID DISAPPOINTMENT!**

For Pretoria Registrations, contact DSSA on: 012 346 7704 / email enquiries@designschoolsa.co.za
(Address: 270 Veale Street, Nieuw Muckleneuk, Pretoria)

For Joburg Registrations, contact DSSA on: 011 326 3830 / email info@designschoolsa.co.za
(Address: Corner of Jan Smuts Avenue and Main Street, Bordeaux, Randburg)